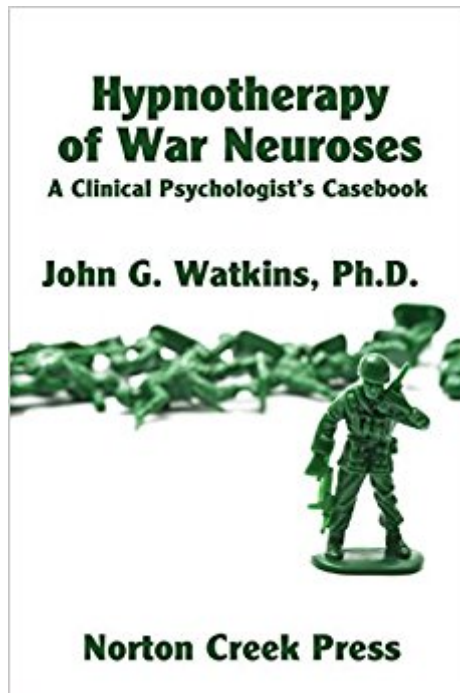




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Hypnotherapy Of War Neuroses: A Clinical Psychologist's Casebook



Synopsis

The Original Brief Trauma Therapy. John G. Watkins's groundbreaking Hypnotherapy of War Neuroses gives a detailed account of the context, methods, and results of his hypnotic techniques on combat traumas such as PTSD at Welch Convalescent Hospital during World War II.

Watkins's techniques showed considerable success, more than enough to be worth studying even today. After World War II, Watkins continued his career as a clinical and research psychologist, especially as Professor of Psychology and Director of Clinical Training at the University of Montana. He developed several important clinical techniques, including affect-bridge age regression, still considered by many to be the gold standard of hypnotherapeutic techniques. He also developed ego-state therapy, which applies family therapy techniques to a single individual to resolve inner conflicts. Out of print for decades, Norton Creek Press is proud to make Hypnotherapy of War Neuroses available to a new generation of therapists.

Book Information

Paperback: 398 pages

Publisher: Norton Creek Press (January 27, 2016)

Language: English

ISBN-10: 0981928455

ISBN-13: 978-0981928456

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

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Well written.. The Cases are from WW2 but the information is timeless...

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